

A Word From the Executive Director



A Message from Our Executive Director: Changing the Narrative

Dear Friends, Families, and Supporters of Third Way Center,

Happy October: Embracing Change, Building Resilience, and Celebrating True Grit!

For too long, residential treatment has been getting negative press. It's true that good mental health treatment, with qualified staff, is expensive; however, not treating them is far more expensive for everyone. At Third Way Center, we are focused on a different truth: a truth of courage, healing, and profound change. Every day, our young residents demonstrate incredible **True Grit** as they face their challenges and build a brighter future.

Join Us to Celebrate the Unwavering Spirit of Our Youth!

Mark your calendars! Our annual **True Grit Gala** is happening on **Saturday, October 18th**.

This event is more than just a fundraiser; it's a powerful night to honor the "True Grit" demonstrated by our residents and the staff who guide them.

- **What to Expect:** An inspiring testimonial from a former resident, a chance to honor a community member, live and silent auctions, a wonderful dinner, and a chance to meet the dedicated staff who make a difference every day.
- **Why Attend:** Your support directly funds programming, including our Bannock facility (currently under construction), which will eventually enable us to serve 14 additional high-acuity youth, and helps us continue to change lives and invest in our collective future. Not to mention the event is a really good time!

Tickets and Sponsorships are still available! Just click the link below.

ADHD Awareness Month- Focusing on Strengths: ADHD is a neurodevelopmental difference, not a deficit. 34% of the kids currently in placement at Third Way Center have an ADHD diagnosis. Everyone is unique, and it is often challenging to recognize the specific needs of this vulnerable population. Strengths that often accompany an ADHD diagnosis, such as creativity, hyper-focus, and energy, can assist in their journey towards health.

October is a month of beautiful transitions, from the golden hues of fall to the start of the holiday season, and it's also a time of anxiety and avoidance, especially if you've experienced trauma and heartache. Unresolved trauma leaves the youth in our care with anger, sadness, and distrust of the world. The staff put a lot of effort into preparing for the upcoming chaos.

Thank you for being part of our community and for helping us share the real story of resilience and recovery.

With appreciation and gratitude,

Renee